

**INSTITUTE OF TROPICAL MEDICINE (ITM)**  
**STD/HIV CONSULTATION**

Kronenburgstraat 43  
2000 ANTWERP  
Tel 03/247 64 65  
Fax 03/247 64 10



Stichting van openbaar nut 0 410 057 701



**RECEPTION**

Please present yourself at the reception of the STD/HIV polyclinic. Bring your SIS-card for registration. Proceed to the waiting room where a doctor or nurse will collect you.

**MEDICAL CARE**

Medical care is provided by physicians specialised in STD and HIV

infections. We endeavour to assign a fixed physician to each patient. However, since ITM is a training centre, some physicians may work with trainees and assistants. You may refuse this at all times.

**PSYCHO-SOCIAL COUNSELLING**

Social nurses will take care of your emotional and psychosocial needs. They can assist you with administration or answer your HIV-related questions.

**THERAPY COUNSELLING**

The HIV therapy counsellor will give basic HIV information and assist you before and during your medication intake.

**SEXUAL COUNSELLING**

Sexual problems are best dealt with by a sexologist. Let your doctor or social nurse refer you.



**PSYCHOLOGICAL COUNSELLING**

Specific psychological problems can be addressed to our psychologist. Let your social nurse or doctor refer you.

**SCIENTIFIC RESEARCH**

In order to improve care for people living with HIV, ITM does scientific research. For research purposes we will ask your permission to collect your medical records anonymously in a database. You may be asked to take part in a study. You may refuse this at all times.

**APPOINTMENTS**

**For consultations you always need to make an appointment. You can do so by telephone during office hours between 9 am and 5 pm at 03/247 64 65 or at the reception, preferably a few weeks beforehand.**

Please do not phone your doctor or counsellor directly as this may disturb their consultations. If you cannot attend unexpectedly, please cancel your appointment as soon as possible, at least one day ahead. Your appointment can then be taken up by another patient. We will charge consultations when appointments are repeatedly missed without cancellation.

**The doctor on call is available for urgent matters from 9am until 1pm. Please contact us by phone first.**

The entire team is unavailable on Tuesday afternoons from 2 pm (except for very urgent matters) due to internal management and medical meetings.

After 5 pm and during the weekend you will be helped at Antwerp University Hospital (UZA) via Emergency (tel. 03/821 30 00 or / 03/821 51 53). Clearly indicate that you are followed-up at the Institute of Tropical Medicine.

**MEDICATION: APPROVAL AND PRESCRIPTIONS**

During the consultation your physician will supply you with ample prescriptions until your next appointment. A control visit every 3 to 4 months is usually recommended. In exceptional cases of shortage, further prescription for your HIV medication can be ordered at the reception. They can be picked up the following day between 9 am and 5 pm (except on Tuesday afternoons) or delivered by mail. Please visit your family doctor for all other prescriptions. The approvals for reimbursement of HIV medication are valid for 12 months (or longer). Your physician must apply for this approval, as well as the extension, at your mutuality in due time (starting 3 months ahead).

**LABORATORY**

Blood tests are available on weekdays between 8.30 am and 2.00 pm without appointment. You will need to bring an application form filled in by your physician. Please register at our reception. Results of the blood test can be discussed with your own physician at ITM.

**GENERAL PRACTITIONER (GP)**

Please always inform us of your GP's name. We would like to keep him/her updated. It is important that each patient is registered with a GP. The social nurse can help you find one.

**PAYMENT**

An invoice will be sent to the given address after each consultation. If you do not reside in Belgium or prefer not to receive mail at home, you will be requested to pay your invoice immediately after your consultation at the reception of the polyclinic. We accept cash or bank cards.

**CONFIDENTIALITY**

The Institute of Tropical Medicine is all times legally bound to medical confidentiality. Medical records will never be disclosed without your prior authorisation.

## UNIVERSITY HOSPITAL ANTWERP

Ward D1 – Tropical Diseases

Wilrijkstraat 10 - 2650 EDEGEM

Tel 03/821 51 58



### HOSPITAL ADMISSION

Hospital admissions take place at the University Hospital Antwerp. Out-patient facilities are also available.

### PSYCHOLOGICAL COUNSELLING

Psychological counselling is available during admission or ambulatory (after referral by the social nurse of physician).

### PATIENT COUNSELLING

Administrative or other problems during or caused by hospital admission will be dealt with by the social worker of the patient counselling service.

### DIETARY ADVICE

Dieticians are available, ambulatory or during admission, with specialised nutritional advice.

### Ward D5 – Tropical Diseases

Tel 03/821 32 51 (consultation)

Tel 03/821 52 04 (social nurse)

### MEDICAL CARE

Pediatricians specialised in HIV guarantee the medical care of children with HIV or children with HIV-infected mothers with unknown HIV status.

### PSYCHOSOCIAL COUNSELLING

Social nurses at CBSK counsel HIV-positive children and children with HIV-positive parents. At the age of 18, seropositive patients will be referred to adult consultation in an ARC.

## GENERAL INFORMATION

### REGISTRATION AT ARC

Our staff will ask you to sign revalidation forms once a year. These forms are sent to the advising physician of your health care provider (mutuality). The mutuality then sends the proof of registration to you and your physician. The revalidation forms will be treated as strictly confidential by our centre and the advising physician of the mutuality. By signing these forms, you can use the services of the multidisciplinary team.

### PHYSICIANS ON CALL

For urgent medical assistance during weekends or at night you should contact the University Hospital Antwerp (UZA), T 03/821 51 58 (ward D1). Clearly indicate that you are followed-up at the Institute of Tropical Medicine in Antwerp.

A pediatrician on call is available 24hrs a day at the University Hospital Antwerp (UZA), T 03/821 30 00 ask for emergency.

For consultations and hospital admissions ARC Antwerp collaborates with:

Dr Bomans, Stuivenberg Hospital: 03/217 73 11

Dr Brandts, Middelheim Hospital: 03/280 24 91

### OTHER AIDS REFERENCE CENTRES IN BELGIUM

Every patient is free to choose a physician and centre. The centres are listed below. Please notify us if you are being followed-up in another centre. It simplifies administration.

ARC Brussel, UCL: Hippocrateslaan 10, 1200 Brussel  
02/764 19 02

ARC Brussel, UMC: Hoogstraat 290-322, 1000 Brussel  
02/535 31 77

ARC Brussel, VUB: Laarbeeklaan 101, 1090 Brussel  
02/477 60 01

ARC Brussel, Erasmus: Lenniksesteenweg 808, 1070 Brussel  
02/555 45 36

ARC Gent, RUG: De Pintelaan 185, 9000 Gent  
09/332 23 45

ARC Leuven, KUL: Herestraat 49, 3000 Leuven  
016/34 47 75

ARC Luik, ULG: Quai Godefroid Kurth 45, 4020 Liège  
04/366 77 86

ARC Charleroi: Boulevard Janson 92, 6000 Charleroi  
071/92 23 06



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